



Sunday 10th September
2023

Gungahlin Uniting Church and Community Centre

Socially and environmentally just. Welcoming of the stranger.
Inclusive of all people. Sharing the faith journey together.
Informal and friendly Christian community.

Welcome to everyone who is with us today

Gungahlin Uniting Church is part of the Uniting Church in Australia.

We strive to be an open and inclusive community, welcoming people from different countries, cultures, traditions, ages, genders, gender identities, ability and viewpoints as we experience life and God together as part of our Christian faith. Gungahlin Uniting is a Christian community of people who don't pretend to know all the answers, but simply seek to follow the way of Christ. You are welcome here in this place and welcome to participate in the life of this community.

Sunday 10th September

9:30am All Age Worship with Communion
Lead by Bruce Stevens

Bible Readings:

Exodus 12:1-14
Psalm 149
Romans 13:8-14
Matthew 18:15-20

Sunday 17th September

9:30am All Age Worship
Lead by Rose-Mary Faulkner-Schwarz &
Margaret Reeson

Bible Readings:

Exodus 14:19-31
Psalm 114
Romans 14:1-12
Matthew 18:21-35

How to give to the Life & Ministry of Gungahlin Uniting Church

People can donate to the life, work, ministry and mission of GUC through organising a regular electronic transfer. Electronic transfer through UFS is anonymous.

Our electronic bank details are:

Gungahlin UC - Giving Direct
Uniting Financial Services
BSB: 634-634
Account: 100034744

Please contact us...

Phone: 6242 5001

Alison Tweedie is our Church Life Worker
Bruce Stevens is our Supply Minister
Jenelle Martin is our Church Council Chair
Bronwyn Asquith is our Volunteer Contact
Narelle Dodd is our Safe Church Contact

email: office@gungahlinuniting.org
email: bruce@ccfpsych.com.au
email: chairperson@gungahlinuniting.org
email: volunteers@gungahlinuniting.org
email: safechurch@gungahlinuniting.org

Groups for you at Gungahlin Uniting

Playgroup

For young children & parents/carers
Wednesday 10am-12pm
Gungahlin Uniting Church
Contact: Cassandra 0438 423 688

Boys' Brigade

For boys Primary/High School age
Wednesday 6.30pm
Gungahlin Uniting Church
Contact: Bruce 6242 9282

Girls' Brigade

For girls Kindergarten-Year 12
Wednesday 6.30pm
Gungahlin Salvation Army
Contact: Liz 6242 9282

Tea &Talk

Meets 1st Friday of the month -10.30am
Gungahlin Lakes Club coffee shop
All ages welcome
Contact: Elizabeth Phythian 0408 624 163
Tea &Talk is an opportunity for catching up with others from GUC over a cuppa.

Pub Dinner Group

Relaxed conversation and meal
Wednesday- fortnightly 7pm
Contact: Matt Grudnoff via
office@gungahlinuniting.org

Spice Kids

Meets 5th Sunday of the month after worship
Contact: Jean 0428 517 595
Meal gathering for adults
An opportunity for conversation and friendship

Library in the Quiet Room

There is a library of books, located in the Quiet Room, available for borrowing. Make a note in the "borrowing book" of the books taken and when they have been returned.

Home Groups at GUC

At Gungahlin Uniting Church Home Groups give members the opportunity to gather and respond to their spiritual, social, and community needs. They are a space where people get to know each other, provide support, hospitality, and prayer and there is always lots of fun to be had.

If you would like to join a Home Group please contact the Pastoral Care Team.

Shirley Williams 0418 612 656

Jenelle Martin 0421 997 173

Elizabeth Phythian 0408 624 163

pastoralcare@gungahlinuniting.org

Pastoral Care at GUC

At Gungahlin Uniting Church pastoral care encompasses the spiritual, physical, social, emotional, and mental support for members. Through providing a network of care we ensure that the expressed needs of individuals and families are attended to by a team of people.

Pastoral care may include assistance with transport, meal support, a phone call, or someone visiting you at your home or in the hospital.

Ways to request care:

- Contact your Home Group leader
- Call the GUC office on 6242 5001 (leave a message if necessary)
- Email the church office
office@gungahlinuniting.org
- Contact the Pastoral Care Team
Shirley Williams 0418 612 656
Jenelle Martin 0421 997 173
Elizabeth Phythian 0408 624 163
pastoralcare@gungahlinuniting.org

Governance at GUC

GUC has a number of policies which support the safe running of the church:

- GUC Volunteer & Safe Church Policy, including the Volunteer Manual and Volunteer Code of Conduct
- GUC Work, Health & Safety Policy
- GUC Information Management Policy

These can be found under the Church Resources tab on our website

www.gungahlinuniting.org

Our Church at Prayer...

Inviting you to think about our own church community, the wider church, the world!

- This week we give thanks and pray for people who are new to this area and are new to this congregation, that they will find a true welcome here.
- This week we join the Canberra Region Presbytery in praying for Gungahlin Uniting Church. We pray for guidance for our JNC with calling a new minister; for GUC's mission programs including our Food Pantry and Garden, Playgroup, Girls' Brigade, Boys' Brigade and our Sunday Oasis and Billabong children's ministries; for wisdom, discernment, energy, and enthusiasm for our Church Council; and for families and individuals who have lost loved ones in the last year. Give thanks for our supply minister and the gifts and talents of the congregation.
- This week we join with the World Council of Churches in praying for Ghana, Nigeria. We are thankful for Christians and Muslims who take risks to work for dialogue and reconciliation, and people of disparate ethnic groups who strive together for the common good. We pray for those affected by violence and terrorism, and that such violent attacks might cease; and for leaders of churches, that they might speak out courageously against political, social and economic injustices.

Psychology and Spirituality

In his next eight sermons, beginning 10th September, Bruce will draw on his experience as a clinical psychologist to explore current interventions in psychological treatment and how they apply to spiritual growth.

The following topics are planned:

- Radical acceptance
- Thought diffusion
- Mindfulness
- Exposure
- Psychology change process
- Journalling
- Value clarification and committed living
- Choice Points

Such topics may be of interest to friends or family who would not usually attend worship services but would be interested in psychological growth.

Safe Church Training

Synod has now scheduled an additional safe church training session for **Friday 17th November** at Kippax Uniting, from 9.30am to 1.30pm. If you were unable to secure a place at an earlier session this is another option to complete the necessary training. Alternatively, you can complete training online, choosing one of the additional training providers approved by Synod. To find these, click on the below link and go to *Additional Training Providers*.

You can register at: [Safe Church Training - UCA](#)

Operation Christmas Child

Operation Christmas Child is a hands-on way to bless children in need around the world by filling shoeboxes with toys, hygiene items, school supplies and other fun gifts. These boxes are then sent to children in over 100 countries in the Name of Jesus Christ.



After receiving a shoebox gift, many children have the opportunity to enrol in The Greatest Journey - a bible study course that guides children through what it means to faithfully follow Jesus Christ.

Billabong will be coordinating the collation and collection of Operation Christmas Child boxes this year on behalf of Gungahlin Uniting Church. If you would like to participate, you can do so in the following ways:

- * fill an Operation Christmas Child box (available in the foyer) with suitable items. If you forget to get a box, you can fill an A4 sized shoebox instead;
- * provide individual items that we can include in boxes. Billabong will then put together boxes with these items;
- * donate \$12.50 cash in an envelope. This will help cover the costs associated with the collection, processing and shipping of each of the boxes.

For information on how to pack a box, and what are considered to be suitable items to include in a box, please see: <https://occ.samaritanspurse.org.au> (It's also important to note what NOT to include). Individual gift items and donated cash can be left in the box in the foyer, and filled boxes can be left next to it. Please bring your donations to church by **Sunday 22 October**. Please see Sue Lloyd if you have any questions.

Spring Clean of the GUC Gardens Saturday 23 September



The grounds surrounding our church building are in need of a spring clean! We'll be holding a working bee to bring the gardens back under control and tidy up around the building: weeding, mowing, pruning, rubbish pick up, sweeping, etc. We'd love anyone who has time to come along to help out- many hands make light work. Morning tea will be on offer. Please bring your own gardening gloves and any gardening tools you think might come in handy. See Mark or Elizabeth Phythian if you have any questions.

Date: Saturday 23 September

Time: 9.30 - 11.30ish

(come along for as little or as much time as you have to spare)

If the weather is too wet, we will postpone.



ROSTER

| | 2 nd Sunday 10 th September | 3 rd Sunday 17 th September | 4 th Sunday 24 th September | 1 st Sunday 1 st October | 2 nd Sunday 8 th October |
|-----------------------|--|--|--|---|---|
| Greeters | Bec Hobson & | Bec Hobson & | Bec Hobson & | Heather Lamb & Sue Lloyd | Heather Lamb & Sue Lloyd |
| English Bible Reader | Sue Lloyd | Bruce Warren | Elizabeth Phythian | Alison McKenzie | Prince Jyubeh |
| Language Bible Reader | Fatin Magades | Carina Moeller | Kanthy Fernando | Sumira Sheraz | ---- |
| Prayers for Others | Margaret Reeson | Rose-Mary Faulkner-Schwarz | Alistair Buchanan | Brooke Kilah | Patsy Coleman |
| Leader | Bruce Stevens | Rose-Mary Faulkner-Schwarz | Bruce Stevens | Alistair Buchanan | Bruce Stevens |
| Preacher | Bruce Stevens | Margaret Reeson | Bruce Stevens | Prince Jyubeh | Bruce Stevens |
| Flowers | Shirley Williams | Margaret Reeson | Kanthy Fernando | Patsy Coleman | Eric Holm |
| Sound | Chris Martin | Bruce Warren | Chris Martin | Clive Walmsley | Rob Shelton |
| Computer | Thomas Martin | Thomas Martin | Alistair Buchanan | Bruce Warren | Chris Martin |
| Morning Tea | --- | Heather Lamb & Bronwyn Asquith | --- | Mark & Elizabeth Phythian | --- |
| Communion Preparation | Tamara Fullard-McShane & Elizabeth P | --- | --- | --- | Shirley Williams & Jenelle Martin |
| Pianist | Yoo-Mi Kim | Yoo-Mi Kim | Andrew Johnson | Margaret Reeson | |
| Musicians | Mark John Chung | Prince John Chung | Mark John Chung | Prince John Chung | |
| Singers | Jessica, Rose | Vanessa | Jessica, Rose | Vanessa | |
| Oasis Leader | Liz Warren | Liz Warren | School Holidays | School Holidays | School Holidays |
| Billabong Leader | --- | Elizabeth Phythian & Sue Lloyd | --- | School Holidays | School Holidays |